FOUNDATION OF FOREX TRADING

Beginner Course · Module Outline

Course overview
A structured introduction to the Forex market, currency pairs, chart reading, basic technical analysis, trading plans, risk management, and demo practice. Designed for learners who are new to Forex trading.

COURSE MODULES

Module 01 · Introduction to Forex Trading

KEY TOPICS

- What the foreign exchange (Forex) market is
- How currency exchange and Forex trading work
- Who participates in the Forex market
- Major, minor, and exotic currency pairs
- The basics of buying, selling, and going long or short

Learning outcome: Explain the purpose of the Forex market and describe how a basic currency trade works.

Module 02 · Understanding Currency Pairs

KEY TOPICS

- Base currency and quote currency
- How to read a currency pair and its exchange rate
- Major, minor, and exotic pairs in practice
- How currency strength and weakness affect a pair
- Choosing pairs to observe as a beginner

Learning outcome: Read currency-pair quotes and identify the base and quote currencies.

Module 03 · Pips, Lots, Spread & Leverage

KEY TOPICS

- What a pip and pipette represent
- Lot sizes: standard, mini, and micro
- Understanding bid price, ask price, and spread
- How leverage and margin work
- Why leverage can magnify both gains and losses

Learning outcome: Understand common Forex quote and trade-size terminology and explain the risks of leverage.

Module 04 · Forex Market Sessions

KEY TOPICS

- The Sydney, Tokyo, London, and New York sessions
- Session overlaps and changing market activity
- How market hours relate to your local time
- Volatility, liquidity, and trading activity
- Building a simple market-watching routine

Learning outcome: Recognize the main Forex sessions and understand why activity can vary throughout the day.

Module 05 · Candlestick Patterns & Chart Reading

KEY TOPICS

- Candlestick anatomy: open, high, low, and close
- Bullish and bearish candles
- Timeframes and chart navigation
- Common candle formations and what they may indicate
- Reading price movement without relying on a single candle

Learning outcome: Read basic candlestick charts and describe price movement across timeframes.

Module 06 · Market Structure & Trend Analysis

KEY TOPICS

- Uptrends, downtrends, and ranging markets
- Swing highs and swing lows
- Support and resistance zones
- Trendlines and key price levels
- Using multiple timeframes for market context

Learning outcome: Identify basic market conditions and mark important chart levels.

Module 07 · Technical Analysis & Indicators

KEY TOPICS

- What technical analysis is and its limitations
- Moving averages and trend context
- Relative Strength Index (RSI)
- Basic use of chart levels and indicators
- Avoiding indicator overload and conflicting signals

Learning outcome: Use a small set of common tools to support, rather than replace, price-chart analysis.

Module 08 · Trading Strategies & Entry Models

KEY TOPICS

- The components of a trading plan
- Entry triggers and trade confirmation
- Planning stop-loss and take-profit levels
- Risk-to-reward concepts
- Backtesting and recording practice trades

Learning outcome: Describe a basic, rule-based trade setup and plan its entry, exit, and invalidation.

Module 09 · Risk Management & Trading Psychology

KEY TOPICS

- Why capital preservation matters
- Position sizing and risk per trade
- Stop-loss orders and risk-to-reward ratios
- Managing overtrading, fear, and greed
- Building discipline and keeping a trading journal

Learning outcome: Explain core risk controls and create a simple routine for reviewing trading decisions.

Module 10 · Practical Chart Analysis & Demo Trading

KEY TOPICS

- Setting up a demo trading account
- Reading a chart and marking key levels
- Writing a trade idea before entering
- Practising entries, exits, and position sizing in a demo environment
- Reviewing outcomes and documenting lessons learned

Learning outcome: Complete and review a simulated trade using a written plan, without risking real money.

Educational note
This outline is for learning purposes only and is not financial advice. Forex trading involves significant risk, including the possible loss of capital. Leverage increases risk. Beginners should practise in a demo account and understand the risks before considering live trading. No profit or outcome is guaranteed.